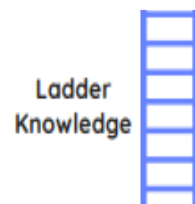


Knowledge Organiser - Dance Year 2



Actions:

Placing actions in a particular order will help you to tell the story of your dance.

Dynamics:

You can change the way you perform actions to show an idea.

Space:

You can use different directions, pathways and levels in your dance.

Relationships:

Use counts of 8. It will help you to stay in time with your partner and the music.

Performance:

Use facial expressions it will help to show the mood of your dance.

About this Unit

This unit is inspired by lots of different themes. Here are some that you may explore...



Key Knowledge

Competent learner - Beginning to respond to simple stimuli. Can move confidently and creatively with control, balance and coordination. Can use a range of movements. Safely negotiating space.

Active & healthy learner - Recognise and describe how their body feels during and after activities. Understand and explain the importance of good health, physical exercise and healthy food. Understand and explain which activities are good for our health.

Key Vocabulary

action	expression	
counts	level	perform
create	matching	speed
direction	mirroring	timing
dynamics	pathway	unison

Reflective learner - Describe, explain and comment on their own and others' actions and feelings. Listen, respond to set tasks and sounds following expectations and rules. Make judgements to improve their work.

Engaged learner - Communicate, select, prepare and handle appropriate resources effectively. Cooperate and work in small teams. Dress and undress for PE promptly. Listen to others and follow instructions.

Disciplined learner - Show a positive attitude towards activities and other pupils. Work well with others by showing respect. Stay on task throughout the lesson.

Key Skills

Agility – Moving the body from one position to another (changing direction). Start/stop on command, maintaining balance.

Balance – Centre of gravity over the base of support. Counterbalancing when centre of gravity is out of position.

Co-ordination – Synchronising limbs when performing an action.

Travel –

Pathways – forwards, backwards, sideways and diagonally.

Stabilisation skills (maintaining physical stability):

Turn – change direction in the dance.

Twist – movement of the body to create a shape.

Choreography –

Count – Counting to 4, 8, 12, or 16 for a section of movement.

Dynamic – Moving in such a way as to represent something or someone.

Isolations – Moving only one part of the body at a time.

Working together –

Unison – Everyone in the group moving in the same way at the same time.

Mirroring & Contrasting – Showing movements as if in a mirror and using opposite dynamics (jagged and smooth).

Call & Response – Movements as a direct consequence of the previous movement.

Canon – One child moving followed by another and another like a Mexican wave.