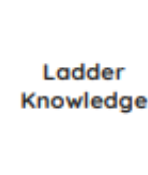


Knowledge Organiser - Dance Year 3



Actions:

If you share ideas with other people in your group and work collaboratively, you can try ideas before deciding on the best actions for your dance.

Dynamics:

All actions can be performed differently to help to show effect.

Space:

Use space to
help your dance
to flow.

Relationships:

'Formation' means the same in dance as in other activities such as football, rugby and gymnastics.

About this Unit

This unit is inspired by lots of different themes. Here are some that you may explore...



Key Knowledge

Competent learner - Can demonstrate how to respond to a wider range of stimuli. Can perform a range of travelling, jumping, and turning actions with control. Can use level, direction and pathways, to develop themes and ideas. Consistently demonstrates improvements to their work showing confidence and creativity in dance. Demonstrates leadership qualities in the development of choreography.

Active & healthy learner -Describe why physical activity is good for health and wellbeing. Recognise and describe how their body feels during and after activities. Understand how to remain active for sustained periods of time.

Key Vocabulary

- action:** the movement a performer uses
e.g. travel, jump, kick
- canon:** when performers complete the same action one after the other
- create:** to make
- dynamics:** how an action is performed
e.g. quickly, slowly, gently
- explore:** to try out and discover ideas
- expression:** actions or gestures used to share thoughts or feelings
- extend:** to make longer

- feedback:** information given to make improvements
- formation:** where performers are in the space in relation to others
- interact:** to communicate with others
- pathway:** designs traced in space (on the floor or in the air)
- perform:** to present to an audience
- pose:** a position, usually still
- timing:** moving to the beat of the music
- unison:** two or more people performing the same movement at the same time

Reflective learner - Describe, explain, and comment on their own and others' actions and feelings. Make judgements to improve their and others' work. Respond to set tasks following rules and expectations.

Engaged learner - Demonstrate enthusiasm for PE. Effectively communicate and collaborate with each other. Understand the principles and purpose of preparing effectively for PE and sport. Work independently for extended periods of time without the need for guidance.

Disciplined learner - Demonstrate a positive attitude to all activities and be respectful towards others. Follow rules and listen well to all instructions. Stay on task and be attentive in all activities. Show kindness and consideration when working with others.

Key Skills

Travel –

Pathways – forwards, backwards, sideways and diagonally.

Turn – change direction in the dance.

Twist – movement of the body to create a shape.

Leap – jump from one foot to another foot.

Spin – rotate on the spot.

Choreography –

Count – counting to 4, 8, 12, or 16 for a section of movement.

Dynamic – moving in such a way as to represent something or someone.

Isolations – moving only one part of the body at a time.

Transition - move from one movement to another seamlessly.

Working together –

Unison – everyone in the group moving in the same way at the same time.

Mirroring & Contrasting – showing movements as if in a mirror and using opposite dynamics (jagged and smooth).

Call & Response – movements as a direct consequence of the previous movement.

Canon – one child moving followed by another and another like a Mexican wave.

Synchronisation – moving together at the same time to create effect.