

Lesson number and title	Strand	Objectives	Overview
1. I can help make a difference	Health Education Relationships Education	To know the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness. To understand the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. To recognise the ways they are the same as, and different to, other people.	Pupils learn about social responsibility. They understand that it starts with them and their personal responsibilities. They focus on those who they share their days with at school, at home and in their local communities, and having respect and tolerance for people's differences, e.g. ideas, religions, language. They consider how they can have a positive impact on those around them, helping other people to be happier in their day-to-day lives. They explore ideas for how they can achieve this, with freeze frames of different situations.
2. I can help make a difference to our world	Living in the Wider World	To learn about things they can do to help look after their environment.	Pupils look beyond their schools and the people in them to how their choices and actions can affect the wider world. They learn that they can make a difference, however small, by carrying out simple, practical ideas.
3. Who really lives in my local environment?	Living in the Wider World	To learn about things they can do to help look after their environment.	This is the first of two lessons on how to improve local, natural environments through nature conservation. Pupils begin to consider other species that share our local environments and to recognise how humans have an impact on them. They explore the school playground to search for signs of wildlife and then assess what creates a positive and a negative impact for other creatures there.
4. I can improve my local environment!	Living in the Wider World	To learn about things they can do to help look after their environment.	In this second lesson on wildlife conservation, pupils look at their findings from the previous lesson and recognise what they can do to make a positive impact. They create wildlife-friendly areas and resources in their playground to improve the natural environment for wildlife.