

Lesson number and title	Strand	Objectives	Overview
1. What is a family?	Relationships Education	To understand that families are important for children growing up because they can give love, security and stability.	Pupils use puppets to create their families and show what they look like. They describe what their family means to them.
2. Families are different and the same	Relationships Education	To know that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care. To understand the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.	The emphasis in this lesson is on the great diversity of families. Pupils create a class book or group books using modelled phrases and illustrations, to explore the diversity within families. Pupils look at a range of families including single-parent families and same sex parents.
3. How do you spend time with your family?	Relationships Education	To know that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up. To be able to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.	Pupils explore the ways in which they spend time with their families and how their families make them feel secure and happy. They think about family traditions. Reference is also made to what pupils can do if they feel worried or unhappy – who can they go to?
4. Weddings and marriage	Relationships Education	To know that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong.	Pupils look at marriage and learn that it represents two people's (regardless of sex) commitment to each other. It is also highlighted that not all couples wish to get married and that's fine, too – it's a matter of choice. Pupils research a wedding in another religion and use class toys to re-enact it.