

Lesson number and title	Strand	Objectives	Overview
1. An alien welcome	Relationships Education Health Education	To know the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties. To understand that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.	This lesson focuses on the ways in which pupils can make their school and classroom more inclusive. They create a welcome pack for an alien who is new to their class. They think of ways to welcome their new classmate and think of the attributes needed to welcome someone and include them, as well as considering the feelings of others who would like to be included.
2. Including everyone	Relationships Education	To know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. To know the conventions of courtesy and manners.	This lesson focuses on how people can be included in games and what to do when someone wants to be included but can't be – and how to articulate this.
3. We've fallen out!	Relationships Education	To know that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right. To know how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed. To understand that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.	This lesson will allow pupils to explore a range of common friendship conflicts and discuss the ways in which these can be resolved. Pupils will create a poster which can be displayed on playground notice boards notifying others as to the top tip for solving arguments and who to go to for help if they need it.
4. Important people in history	Relationships Education	To know the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.	This lesson will focus on important people in history and how they contributed to or changed the world. Pupils will create simple fact files about their chosen person.