

Lesson number and title	Strand	Objectives	Overview
1. Our beautiful world	Health Education	To understand the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.	This lesson introduces our planet, Earth, its beauty and interdependence. Pupils draw pictures of places they love or want to go to. They consider the impact of dropping rubbish and dumping waste at these places and are introduced to the term 'biodegradable' and its meaning.
2. Reducing for the planet	Living in the Wider World	To understand how common household items can be reused or recycled and their responsibility to contribute to global sustainability. To learn about things they can do to help look after their environment.	Pupils explore what it means to reduce rubbish and waste and how some people do this. They begin to think about ways they can reduce classroom waste and rubbish.
3. New from old!	Living in the Wider World Health Education	To understand how common household items can be reused or recycled and their responsibility to contribute to global sustainability. To learn about things they can do to help look after their environment. To understand the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.	This creative lesson invites family members to join pupils in reusing household items which would have been thrown away, by making them into new products. They reflect on the reasons for reusing and decide on changes they can make in their own lives to reuse resources.
4. We make a difference!	Living in the Wider World	To learn about what rules are, why they are needed, and why different rules are needed for different situations. To understand how they can contribute to the life of the classroom and school.	In this final lesson, pupils learn about recycling and how they can take positive action. The learning from the unit culminates in a class agreement, written by the pupils, about reducing, reusing and recycling in their class.