

Lesson number and title	Strand	Objectives	Overview
1. I belong in my class	Living in the Wider World	To learn about the different groups that make up their community; what living in a community means. To value the different contributions that people and groups make to the community.	This lesson helps pupils to be aware of connections within their class and introduces them to the idea of what constitutes a community. They explore the feeling of belonging.
2. I belong in my family	Living in the Wider World	To learn about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities.	This lesson explores the importance of family, recognising that families can be very different in composition. They think about what they could do to support members of their family.
3. I belong in my community	Living in the Wider World	To learn the importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others. To value the different contributions that people and groups make to the community.	This lesson helps pupils understand about belonging to a community and how communities operate to support each other. They learn about the different jobs carried out by people to keep a community functioning smoothly.
4. Kindness in my community	Health Education	To understand the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.	This lesson introduces pupils to the idea of carrying out acts of kindness in their communities. They learn about some of the different things children have done in real life, then devise their own ways to show kindness.
5. It's everyone's community	Living in the Wider World	To learn ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)	In this lesson, pupils design a community centre to provide relaxation and support for the different groups of people in their community, taking all their needs into account.