

Lesson number and title	Strand	Objectives	Overview
1. What is an emergency?	Health Education	To learn about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency. To learn how to make a clear and efficient call to emergency services if necessary.	This lesson allows pupils to explore what constitutes an emergency. Pupils look at a 999 script and decide what are the key pieces of information which they need to know in order to help emergency services. They make a record of their personal information. They then role-play different emergency scenarios.
2. First aid	Health Education	To understand concepts of basic first aid, for example dealing with common injuries, including head injuries.	This lesson focuses on pupils' understanding of when first aid might be required. They identify a range of common first aid situations and research how to deal with them. These might include simple cuts, sprains, asthma attacks and unconsciousness.
3. Fire safety	Health Education	To learn how to make a clear and efficient call to emergency services if necessary. To learn how to respond to fire safety issues within school and in the home.	Pupils begin with a treasure hunt about what is needed for a fire to start. They look at the three elements needed to start a fire, then discuss potential fire safety hazards and how these can be avoided, as well as looking at the fire hazard prevention measures within school and in their own homes.
4. Water safety	Health Education	To identify the dangers water can pose and how these can be avoided or reduced.	This lesson focuses on the dangers which water poses (this is on the increase in the UK). Pupils identify places where water safety needs to be observed and then research ways in which they can keep safe while swimming or near water. They organise their research into Risk, Advice and Rescue.
5. Celebrating our emergency services	Living in the Wider World	To learn about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency.	This lesson focuses on the jobs within the emergency services that are behind the scenes and on the importance of celebrating and appreciating the work done by the emergency services.