

Lesson number and title	Strand	Objectives	Overview
1. Loss	Health education	To be able to recognise and talk about their emotions, including having a varied vocabulary to use when talking about their own and others' feelings.	Pupils talk about times when they might have lost something and use freeze frame drama techniques to act out a range of scenarios identifying how the characters might feel at key points through the scene.
2. Losing someone we love	Health education Relationships education	To be able to recognise and talk about their emotions, including having a varied vocabulary to use when talking about their own and others' feelings. To appreciate the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.	Pupils review a case study of a pupil who is experiencing grief. They discuss the ways in which the girl is acting and feeling. Using a range of national websites, they then create a leaflet offering advice for young people who might be experiencing loss.
3. Celebrating life	Health education Relationships education	To be able to recognise and talk about their emotions, including having a varied vocabulary to use when talking about their own and others' feelings. To know that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.	Pupils explore their understanding of what happens at a funeral and the reasons why people might hold funerals. They design a funeral for a pet in the case study.
4. Celebrating life in other cultures	Health education Relationships education	To know that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care. To explore the ways in which a variety of cultures celebrate the life and loss of their loved ones.	Pupils explore the ways in which different cultures celebrate life and remember their loved ones. They research Día de los Muertos (Day of the Dead), which is celebrated in Mexico.

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5. When families change	Health education Relationships education	To know that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care. To appreciate the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.	This lesson gives pupils an initial understanding of loss as separation or changes within a family unit and the feelings that might come as a result of a separation or divorce. Pupils look at a range of families and draw their own families as well as take part in circle-time activities and discussions.