

Lesson number and title	Strand	Objectives	Overview
1. What does friendship look like?	Relationships education	To identify the characteristics of friendships, including kindness, generosity, trust, sharing interests and experiences. To know how important friendships are in making us feel happy and secure.	Pupils identify times when someone has been a friend to them. They discuss a range of pictures which they create their own narrative around and then act out. Pupils then create a class word cloud to show words which they associate with friendship.
2. Falling out	Relationships education	To know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. To understand that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.	Pupils take part in a game to help them understand how effective communication is important and can be difficult. They then look at a range of scenarios which portray possible issues within friendships. They work in groups to offer advice on how to resolve the issues in each of the scenarios. The session finishes with a game of 'Rumours', as a way of introducing the difficulties which arise when rumours are spread.
3. Being a bystander	Relationships education	To understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.	Pupils explore the differences between bullying and teasing. They then create comic strips showing scenarios of bystanders and what people could do in this situation.
4. Who can we trust?	Relationships education	To understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties. To know how to report concerns or abuse, and the vocabulary and confidence needed to do so.	Pupils discuss times when they have lied or been lied to and the feelings the situation evoked. They create mind maps in relation to a range of discussion points and learn about five key warning signs to look out for when making friends online.
5. Friendships online	Relationships education Health education	To know how important friendships are in making us feel happy and secure. To understand that the internet can be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.	Pupils discuss the term 'troll'. They then look back at their class word cloud from Lesson 1 and decide if the words relate to friendships online as well as offline. Pupils create an acrostic fact sheet for FRIENDSHIP to show rules for appropriate behaviour online.