

Lesson number and title	Strand	Objectives	Overview
1. What are drugs?	Health education	To know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.	Pupils discuss what they think drugs – and a drug dealer – might look like, allowing for a discussion around areas of possible misconception. Pupils explore the idea of people who might introduce them to drugs. They discuss the range of drugs and that they aren't all white powders! Finally, pupils reflect upon their own understanding of what a drug is and dispel misconceptions about what a drug dealer might look like.
2. Legal or illegal?	Health education	To know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.	Pupils explore information about a range of legal and illegal drugs. They discuss whether all drugs are bad and how legal drugs are regulated but illegal drugs are not and can contain other very dangerous substances. The lesson looks at legal ages for a range of legal drugs and the law in terms of using and selling drugs. This lesson explores the dangers of drug use and how it can affect an individual and those around them.
3. Why do people take drugs?	Health education	To know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking. To know that pressure to behave in unacceptable, unhealthy or risky ways can come from a variety of sources, including people they know and the media.	Pupils explore why people might take illegal drugs or use legal drugs to excess. They create scenarios showing when people might feel pressurised into taking illegal drugs, or legal ones underage. They identify how the characters might be feeling and the reasons behind the choices they make. They design a range of phrases which can be used in situations where they might feel pressurised into making choices they feel uncomfortable with.
4. Cigarettes and smoking	Health education	To know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking. To know how to make informed choices.	Pupils explore the effect of smoking on the body. They look at the differences between cigarettes and e-cigarettes. They create a recorded news report based upon their own research on the dangers of e-cigarettes and cigarettes.

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5. Alcohol	Health education Living in the Wider World	To know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking. To identify the ways that money can impact on people's feelings and emotions.	Pupils discuss their prior knowledge of alcohol before discussing the effects of alcohol on the body and the effects it can have on people's ability to make healthy decisions. They annotate the outline of a body showing the dangers of alcohol.