

Lesson number and title	Strand	Objectives	Overview
1. The internet – is it all bad?	Relationships education Health education	To know that for most people the internet is an integral part of life and has many benefits To recognise that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health To identify the ways that money can impact on people's feelings and emotions	Pupils consider a range of issues including the benefits and risks of the internet, the perceptions of technology that different people have, and how the internet has changed our way of living. They also look ahead to predict just how technology may develop in the future.
2. What's my password?	Relationships education Living in the wider world	To understand the importance of keeping personal information private and some of the rules and principles for keeping safe online To begin to understand the concept of privacy and the implications of it for both pupils and adults To learn about some of the different ways information and data is shared and used online, including for commercial purposes	This lesson considers online passwords. It stresses the importance of secure passwords and explains how they protect our data. Pupils reflect on the effectiveness of their current passwords and are given suggestions for new, improved ones.
3. You've won a PRIZE!	Relationships education Living in the wider world	The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them To know how information and data is shared and used online To know about the concept of privacy and the implications of it for both children and adults To recognise things appropriate to share and things that should not be shared on social media; rules surrounding distribution of images To learn about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information	This lesson looks at the unfortunate online experiences of a fictional girl and helps pupils to understand the importance of not sharing personal information online and being wise to cyber scams. It is based around an email which tells someone they have won a prize and asks for personal information.

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4. You're not my friend!	Relationships education Health education Living in the wider world	To know that the same principles apply to online relationships as to face-to face relationships, such as the importance of respect for others online including when we are anonymous. To consider the effect of their online actions on others and know how to recognise and display respectful behaviour online To learn about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation	This lesson looks at the harm that can be caused by posting negative things online. The lesson also considers the characteristics of friendship and how the same principles apply to online relationships as to face-to face relationships. The lesson is based around a story when a girl falls out with her friend and writes a mean note.
5. It's personal!	Relationships education Health education	To understand the importance of keeping personal information private and some of the rules and principles for keeping safe online To critically consider their online friendships and sources of information, including awareness of the risks associated with people they have never met To understand that people sometimes behave differently online, including by pretending to be someone they are not To consider the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing	Pupils review their learning from the unit and consider personal information and the importance of keeping it private. The lesson focuses on how pupils can be 'in control' online. They prepare a homework task of creating Digital Ground Rules for their family. They make a list of 10 things they have learnt that they didn't know before about E-Safety and Social media.