

DRAMA IDEAS

1. **Mirroring** – Supports the children's awareness of body movement, working together, careful observation skills and creativity!

In pairs, players face each other and label themselves A and B.

A – Looking in the mirror (the leader)

B – The mirror (follows A's every movement)

The goal of the game is for the players to feel completely in sync with one another. Coach the leader to make their movements slow if needed.

2. **Who Began?** – Great team work, creativity, coordination.

Similar to Mirroring but as a whole group in a circle.

-Child A leaves the circle (facing away)

-Child B is the Leader and carries the circle with continuous different movements/dance patterns and the rest of the group copies his/her movements.

-Child A has 3 chances to guess correctly who the "secret leader" is.

3. **Trust Walk** – Promoting trust, patience, working together, learning their own/others body language, spatial awareness.

-In pairs have the children label themselves A and B.

-Child A keeps their eyes closed and slowly walks around the room.

-Child B is the guide. He/she stays with their partner but can only use their voices to calmly and carefully direct them around the room without using their hands to touch their partner.

-Swap roles.

4. **Dance your name** – Fun warm up!

Children to stand in a circle.

- 1st - Start children off going around the circle and stating their name whilst using their hands to clap each syllable in their name.
- 2nd – Have each child say his/her name whilst performing a dance movement that expresses their own character/name, which the other children then repeat the name and movement altogether.

5. **Traffic Lights** – Spatial awareness, balance, coordination.

-Children move around the space – When the teacher calls out:

Red – Stop

Amber – Slow motion

Green – Run/fast jog

6. Emotions – PSED, Imagination, creativity, team work, understanding body language and facial expressions.

- As a group discussion – Discuss a list of different emotions and talk about what - makes us happy/sad/excited etc.
- Divide the children into pairs/small groups. Each group have to choose an emotion and use their bodies, facial expressions, sound effects to create a small piece to express that emotion.
- Rest of the class have to guess what emotion they are acting out.

7. People Who Help Us – Understanding the World, team work, creativity, imagination, timing, control, interaction.

- Children get into small groups.
- Teacher calls out various objects/people/vehicles relating to 'people who help us' and each group has 20 seconds to create it using their bodies..
- Then 15/10/5 secs.
- Examples: Ambulance/Police Officer/Fire engine, etc.

8. I went to the shop – Great for memory, communication skills, listening skills in a fun way!

- Children work as a whole class/smaller groups.
- 1st child starts off with “ I went to the shop and I bought ...” and states one item they bought from the shop.
- Next person, follows with “I went to the shop and I bought..” and states the previous child’s item and then their own item.
- Continue all around the circle to each child has a turn.