

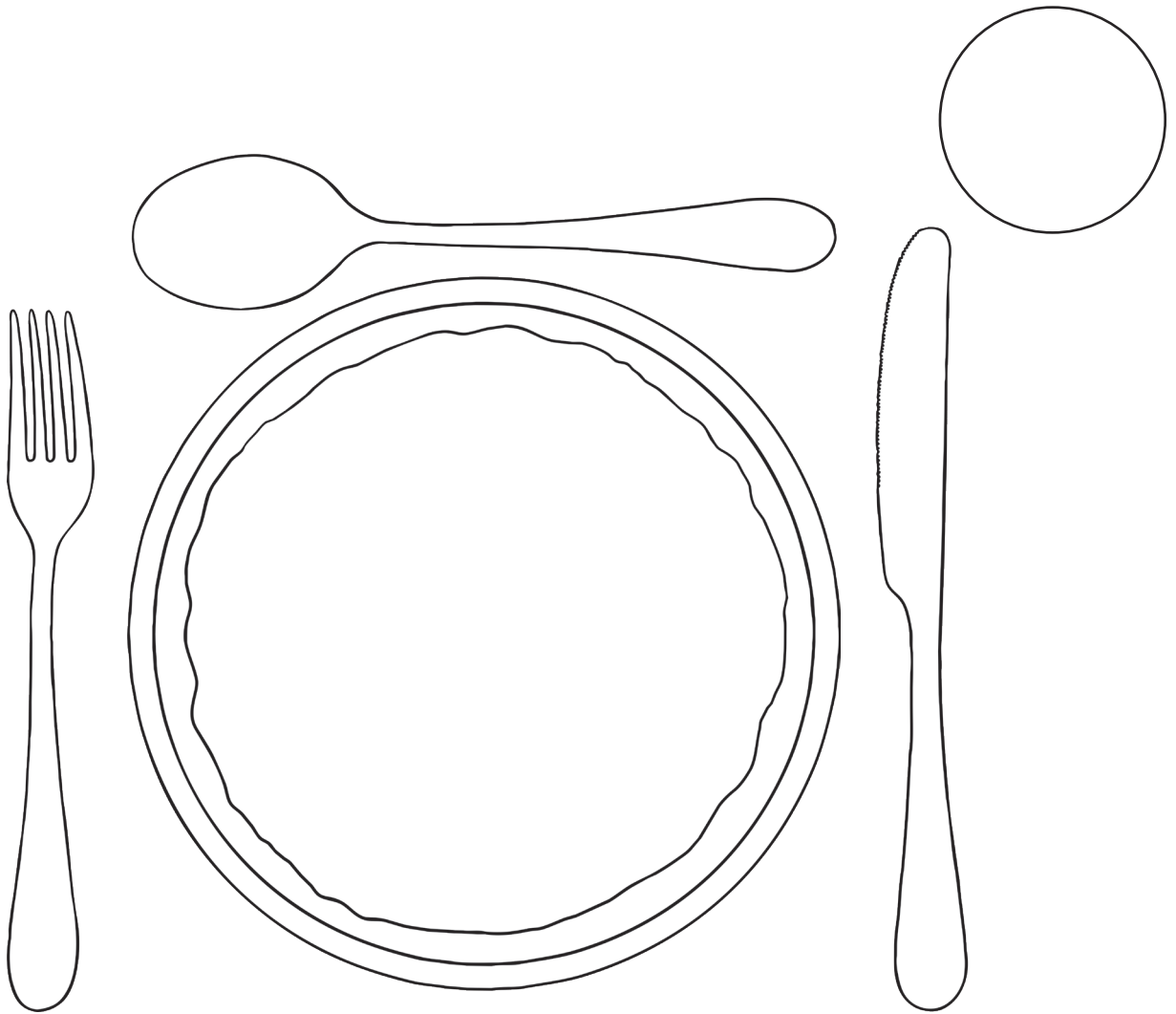
Your Chosen Meal

Amazing Fact

In 2003, The American illusionist, David Blaine, spent 44 days without food in a glass box, hung from a crane by the River Thames in London.

Challenge

Describe the meal you would like if you had not eaten for a long time. Use the plate and cup below to draw the things you would choose.



You could also try to find out:

- what the longest time is that anyone has survived without food;
- how long humans can survive without water
- what 'fasting' means.