



Knowledge Organiser	Subject: Understanding the World	Topic: Me and My Brilliant Body	Year: Nursery
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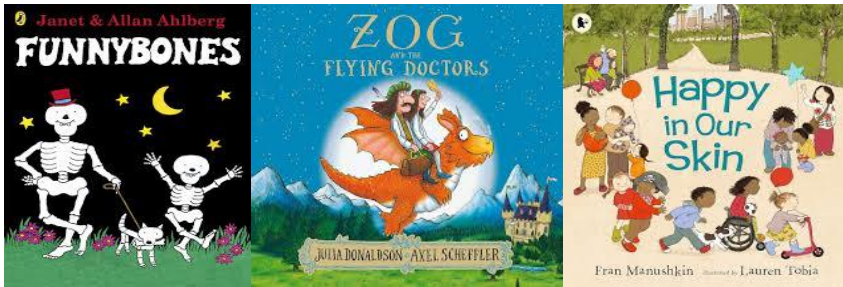
What should I know?

The names of different parts of my body.
Similarities and differences between

Key Questions

What is this part of the body called?
Why do we need this?
Why do we need to go to the doctors?

Key Texts



Interesting Facts

- The heart beats around 100,000 times a day!
- You have over 600 muscles in your body.
- The smallest bone in the body is in the ear.
- Your lungs inhale over 2,000 gallons of air every day.

Key Knowledge and Skills

- Identify and name body parts.
- Understand the role of senses in experiencing the world.
- Recognize basic internal organs and their functions.
- Know about the importance of bones and muscles for movement.
- Describe how food is digested in the body.

Timeline of Concepts:

- Introduction to the body parts - head, arms, legs.
- Understanding the senses - sight, hearing, taste, touch, smell.
- Learning about internal organs - heart, lungs, digestion.
- Exploring the skeleton and muscles.

Key Vocabulary	
skull	the organ inside our bodies that helps us breathe
lungs	one of two organs in the chest that are used in breathing
vitamins	things we can't see in fruit and vegetables that keep us healthy
doctor	helps us when we are feeling poorly
sick	when you do not feel well

