

SICKNESS RETURN TO WORK FORM (SELF CERTIFICATE)

To be completed and discussed with the sickness reviewer (Vicki Weekes) on the first day back
If the absence has exceeded 7 days please attach the medical note/s from your doctor

**THIS SECTION TO BE COMPLETED BY THE EMPLOYEE**

Name							
Normal Hours/ Days	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
From:							
To:							
Sickness Absence	Start Date		End Date		Total Work Days Absent		
Medical Note Attached	Yes				No		
Reason for Period of Sickness Absence							
Sickness Reporting Category Please choose the single nearest best fit	☐	Back, Neck	☐	Musculo-Skeletal	☐		
	☐	Chest, Respiratory	☐	Neurological	☐		
	☐	Ear, Nose, Throat	☐	Pregnancy Related	☐		
	☐	Genito-Urinary	☐	Stomach, Liver, Kidney, Digestion	☐		
	☐	Heart, Blood Pressure, Circulation	☐	Stress, Depression, Mental Health	☐		
	☐	Infections	☐	Other	☐		
Employee's Comments Including any support required and any medication as a result of absence							
Employee's signature					Date		

THIS SECTION TO BE COMPLETED BY THE SICKNESS REVIEWER

Total Sickness Absence		Days =
Days/ Periods absent in the last twelve months (including this occasion)		Periods =
Reviewer's Comments: Including any support required		
Reviewer's signature		Date

Absence Register ☐HR Portal ☐

Date: _____

Initials: _____