

PE Curriculum Overview



Invasion Games – KS2 Only

National Curriculum Aims		
<p>The national curriculum for physical education aims to ensure that all pupils:</p> <ul style="list-style-type: none"> • Develop competence to excel in a broad range of physical activities. • Are physically active for sustained periods of time. • Engage in competitive sports and activities. • Lead healthy, active lives. 		
National Curriculum Statement		
Key Stage 1	Key Stage 2	
NA	Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.	
Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
NA	<p>Continue to develop fundamental movement skills and become increasingly competent;</p> <p>Apply a broader range of skills, learning how to use them in different ways</p> <p>Be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations,</p>	<p>Apply and develop a broader range of skills, using them in different ways and linking them to make actions and sequences of movement;</p> <p>Develop and understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success;</p>

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		and enjoy communicating, collaborating and competing with each other;		Further develop and understand resilience and fairness in sports;	
Learning Outcomes:					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
NA	NA	<p>Throw and catch with control to keep possession and score 'goals';</p> <p>Pass and dribble with control without opponent;</p> <p>Be able to bounce the ball in the direction of a target;</p> <p>Know and use rules fairly to keep games going;</p> <p>Say when a player has moved to help others;</p> <p>Apply this knowledge to their own play</p>	<p>Play games with some fluency and accuracy, using a range of throwing and catching techniques;</p> <p>Pass and dribble with control under pressure;</p> <p>Find ways of attacking successfully when using other skills;</p> <p>Use a variety of simple tactics for attacking well, keeping possession of the ball as a team, and getting into positions to score;</p>	<p>Pass, dribble and shoot with control in games;</p> <p>Identify and use tactics to help their team keep the ball and take it towards the opposition's goal;</p> <p>Identify tactics that present opportunities to score goals</p> <p>Mark opponents and help each other in defence;</p> <p>Pick out things that could be improved in Performances and suggest ideas and practices to make them better</p>	<p>Use different techniques for passing, controlling, dribbling and shooting the ball in games;</p> <p>Apply basic principles of team play to keep possession of the ball; use marking, tackling and/or interception to improve their defence;</p> <p>Play effectively as part of a team;</p> <p>Know what position they are playing in and how to contribute when</p>

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		<p>Suggest warm-up activities;</p>	<p>Know the rules of the games;</p> <p>Understand that they need to defend as well as attack;</p> <p>Understand how strength, stamina and speed can be improved by playing invasion games;</p> <p>Watch and describe others' performances as well as their own and suggest practices that will help them and others to play better;</p> <p>Be able to move to the correct position in order to attempt to score;</p>	<p>To develop their own game and to be able to agree and teach the rules of it;</p> <p>Know how to make games safe;</p> <p>Be able to attempt to intercept</p> <p>Be able to participate in small sided games e.g. 5 a side</p> <p>Understand the need for warming up and working on body strength, tone and flexibility;</p> <p>Lead small groups in warm- up activities;</p>	<p>attacking and defending;</p> <p>Recognise their own and others' strengths and weaknesses in games.</p> <p>Suggest ideas that will improve performance</p> <p>Be able to describe an attacking position and a defending position within a game situation;</p> <p>Know and understand positions that help attacking and defending positions within a game;</p> <p>Understand the importance of warming up and cooling down;</p>
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			Lead a partner through short warm-up routines;		
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