

PE Curriculum Overview



Striking & Fielding Games - KS2 Only

National Curriculum Aims		
<p>The national curriculum for physical education aims to ensure that all pupils:</p> <ul style="list-style-type: none"> • Develop competence to excel in a broad range of physical activities. • Are physically active for sustained periods of time. • Engage in competitive sports and activities. • Lead healthy, active lives. 		
National Curriculum Statement		
Key Stage 1	Key Stage 2	
NA	<p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p>	
Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
NA	<p>Apply and develop a broader range of skills, learning how to use them in different ways;</p> <p>Be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations and enjoying communicating and</p>	<p>Continue to develop fundamental movement skills and become increasingly competent and confident;</p> <p>To know and understand the tactics in a range of striking and fielding games. E.g.,</p>

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		<p>collaborating and competing with each other.</p> <p>Start to develop and understand how to improve and learn to evaluate and recognise their own success.</p>		<p>cricket multiple fielders attempt to stop the batters play.</p> <p>Apply and develop a broader range of skills, learning how to use them in different ways;</p> <p>Be able to engage in competitive and cooperative activities in a range of increasingly challenging situations, and enjoying communicating, collaborating and competing with each other;</p>	
Learning Outcomes:					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
NA	NA	<p>Use a range of skills, e.g. throwing, striking, intercepting and stopping a ball, with some control and accuracy;</p> <p>Continue to develop fundamental movement skills and become increasingly competent and confident;</p>	<p>Use a range of skills, e.g. throwing, striking, intercepting and stopping a ball, with good control and accuracy;</p> <p>Choose and vary skills and tactics to suit the situation in a game;</p> <p>Carry out tactics successfully;</p>	<p>Strike a bowled ball with some accuracy; use a range of fielding skills, e.g. catching, throwing, bowling, intercepting, with growing control and consistency;</p> <p>Work collaboratively in pairs, group activities and small-sided games;</p>	<p>Strike a bowled ball with precision ball; use a range of fielding skills, e.g. catching, throwing, bowling, intercepting, with growing control and consistency;</p> <p>Continue to work collaboratively in pairs, group activities and small-sided games;</p>



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		<p>To understand the need for tactics;</p> <p>To be able to pass and catch within pairs;</p> <p>Know and understand rules of the game;</p> <p>Set up small games;</p> <p>Explain what they need to do to get ready to play games;</p> <p>Suggest what needs practising;</p> <p>Know and understand how hitting the ball further increases the chances of running further distances;</p>	<p>To be able to pass and catch within a small team;</p> <p>Know rules and use them fairly to keep games going;</p> <p>Carry out warm ups with care and an awareness of what is happening to their bodies;</p> <p>Describe what they and others do that is successful;</p> <p>Be able to bat and run to distance bases;</p> <p>Lead a partner through short warm-up routines;</p>	<p>Use and apply the basic rules consistently and fairly;</p> <p>Recognise the activities and exercises that need including in a warm up;</p> <p>Identify their own strengths and suggest practices to help them improve;</p> <p>Know and understand how to score points;</p> <p>Start to develop an understanding of how to improve, and learn to evaluate and recognise their own success;</p> <p>Be able to score points by hitting a</p>	<p>Continue to use and apply the basic rules consistently and fairly;</p> <p>Understand and implement a range of tactics in games with success;</p> <p>Deliver a specific warm up to a small group of peers;</p> <p>Identify their own and others strengths and suggest practices to help them improve;</p> <p>Understand the importance of warming up and cooling down;</p>
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		Suggest warm-up activities;		ball and running safely to the target; Know that it is advantageous to attempt to strike a batter 'out'; Understand the need for warming up and working on body strength, tone and flexibility; Lead small groups in warm-up activities;	
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