

PE Curriculum Overview



Fundamental Games – KS1 Only

National Curriculum Aims		
The national curriculum for physical education aims to ensure that all pupils: • Develop competence to excel in a broad range of physical activities. • Are physically active for sustained periods of time. • Engage in competitive sports and activities • Lead healthy, active lives.		
National Curriculum Statement		
Key Stage 1	Key Stage 2	
Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.	NA	
Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
Develop fundamental movement skills, becoming increasingly competent and confident;	NA	NA

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Access a broad range of opportunities to extend their agility, balance and coordination, individually and with others; Engage in competitive and cooperative physical activities in a range of increasingly challenging situations.					
Learning Outcomes:					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Use basic underarm, rolling and hitting skills; Sometimes use overarm skills e.g. throwing a bean bag; Intercept, retrieve and stop a beanbag and a medium sized ball with some consistency; Sometimes catch a beanbag and a medium-sized ball; Track balls and other equipment	Show awareness of opponents and team-mates when playing games; Perform basic skills of rolling, striking and kicking with more confidence; Apply these skills in a variety of simple games; Be able to throw and catch a ball with a team member;	NA	NA	NA	NA

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sent to them, moving in line with the ball to collect it; Throw, hit and kick a ball in a variety of ways depending on the needs of the game; Choose different ways of hitting, throwing, striking or kicking the ball. Decide where to stand to make it difficult for their opponent and to understand the term defend;	Know and understand the term intercept; Make choices about appropriate targets, space and equipment; Use a variety of simple tactics; Describe how their bodies work and feel when playing games; Work well with a partner and in a small group to improve their skills; Be able to catch a moving ball Know and understand the term 'feed' Be aware of space and use it to support team-				
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	mates and cause problems for the opposition;				
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